

**Count: 1 2 3 4 5 6 7 8****Intro**

16-8cts

**Kanoun Intro**(:30 Camel Caravan) **Entrance of the goddesses**

In pairs, 4 8 cts each pair, then go to place and do the eye cover thing.

1<sup>st</sup> pair, walk with lower undulation2<sup>nd</sup> pair, walk with upper undulation3<sup>rd</sup> pair, walk with Arabic 14<sup>th</sup> pair, walk with Arabic 2

Renee Lisa  
May Carmen  
Alicia Aimee  
Debbie Rosa

Lisa  
Renee  
Carmen  
May  
Aimee  
Alicia  
Rosa  
Debbie

.5-8cts

Last one end in pose, facing in, inside arm low and outside arm higher, hands are flexed.

5-8 cts

(1:47 Masmoudi rhythm) **Hip, maya, shimmy**Inside hip up and maya inside, moving in w/hip shimmy, 5<sup>th</sup> one, turn to face, line straight

5-8 cts

(2:04 Masmoudi rhythm) **Hip, undulation, shimmy**Same hip, front tuck, undulate forward, chest shimmy, 5<sup>th</sup> one ends with snake intertwined hand movement: hands flexed, in at hip level, out, in at shoulder level, out, then slow out to shoulder level.

Lisa Renee  
Carmen May  
Aimee Alicia  
Rosa Debbie

2-8 cts

(2:25) **Hip Slides**

Right, left, right, left w/head movement following hips. Move into pairs.

4-8 cts

( 2:34) **Gush Box**

All begin on right hip and move in box around each other.

Lisa Carmen May Renee  
Aimee Rosa Debbie Alicia

4-8 cts

(2:53 ) **Hands**

All paint hands in pairs, towards each other, paint hands leaning out facing each other, snake arms (front person bends lower), paint hands away from each other with a lunge.

4-8 cts

(3:12) **Gush w/flip**

All begin facing side, hip that is front is the one to move on, flip. Front peeps to back and visa versa in a "V".

3-8 cts

(3:31) **Hands**

All paint hands towards each other, snake arms forward (front person bends low), paint hands away from each other with a lunge.

Rosa Debbie  
Aimee Alicia  
Carmen May  
Lisa Renee

4-8 cts

(3:45) **Gush Close**

All begin with R hip, alternate hips and move super close, head space.

3-8 cts

(4:04) **Hands**

Begin dead hands to upward "V", look up. Bring inside hands down to side of head, outside hands in pose position, isis wings. Small mayas outward.

3-8 cts

(4:23) **Slides and lift/drops, head to hips**

Bring hands to side of ears to frame face: head slide R, lrl. L, rlr.

Bring arms to side, shoulder level, hands flexed: chest Up, down, up down, up and Down, up, down, up, down. Bring arms down to side, hip level, hands flexed: pelvis Up, down, up down, up and Down, up, down, up, down.

End count all look in, that is your cue to move your ass to next formation.

Rosa Debbie  
Aimee Alicia  
Carmen May  
Lisa Renee

2-8 cts

(4:37) **Undulation**

Undulation with a walk forward or back to switch positions.

(end 4:40)

Renee Lisa  
May Carmen  
Alicia Aimee  
Debbie Rosa